

Rescue Echo: TEE as a Compass

Timothy M. Maus, MD

Clinical Professor of Anesthesiology Director of Perioperative Echocardiography

UC San Diego Sulpizio Cardiovascular Center

Where discoveries are delivered.sm



Disclosures

None

UC San Diego Sulpizio Cardiovascular Center

Where discoveries are delivered.[™]

- 74 y/o F with PMHx HTN, HL, DM
- s/f Hemicolectomy for Colon CA
- Induced with Lido, Fentanyl, Propofol and Rocuronium
- BP 60/40, HR 130, Sinus Tachycardia
- Escalating doses of:
 - Phenylephrine
 - Ephedrine
 - Epinephrine (plus gtt)



- Lecture Objectives
 - Describe the utility of perioperative echo in hemodynamic instability
 - Identify common indications for TEE in noncardiac surgery
 - Develop a protocol for image acquisition and interpretation
 - Review clinical cases

Practice Guidelines for Perioperative Transesophageal Echocardiography

An Updated Report by the American Society of Anesthesiologists and the Society of Cardiovascular Anesthesiologists Task Force on Transesophageal Echocardiography*

- Updated Guidelines June 2010
 - Specifically addresses Non Cardiac Surgery
 - "TEE may be used when the nature of the planned surgery or the patient's known or suspected cardiovascular pathology might result in severe hemodynamic, pulmonary, or neurologic compromise."

Practice Guidelines for Perioperative Transesophageal Echocardiography

An Updated Report by the American Society of Anesthesiologists and the Society of Cardiovascular Anesthesiologists Task Force on Transesophageal Echocardiography*

- Updated Guidelines June 2010
 - Specifically addresses Non Cardiac Surgery

 "TEE should be used when unexplained life-threatening circulatory instability persists despite corrective therapy."

• Basic TEE Exam Offers....

INITIAL CERTIFICATION IN ANESTHESIOLOGY

This content outline covers the In-Training, BASIC, and ADVANCED Examinations

Revised April 2022

The Content Outline for Initial Certification in Anesthesiology reflects the subject matter within the specialty of anesthesiology and provides the framework for the assessment of knowledge. It is the basis for the written examinations (BASIC, ADVANCED, and In-Training) of the core specialty. The Content Outline will serve as a resource in the preparation for the written components of initial board certification as board-certified anesthesiologists are expected to have knowledge within each of the topics.



Definition

- Mobile Diagnostic Modality
 - Relatively non-invasive
- Indicated for Acute Hemodynamic Instability
 - Persistent Hypotension
 - Persistent Hypoxia

Quick Diagnosis - GROSS ABNORMALITIES

- Rapid & Qualitative (not quantitative)
- Not a snapshot, it's a process
- Institution of Corrective Therapy
- Re-evaluation of Therapy Success

ASE GUIDELINES AND STANDARDS



Guidelines for Performing a Comprehensive Transesophageal Echocardiographic Examination: Recommendations from the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists

Rebecca T. Hahn, MD, FASE, Chair, Theodore Abraham, MD, FASE, Mark S. Adams, RDCS, FASE, Charles J. Bruce, MD, FASE, Kathryn E. Glas, MD, MBA, FASE, Roberto M. Lang, MD, FASE, Scott T. Reeves, MD, MBA, FASE, Jack S. Shanewise, MD, FASE, Samuel C. Siu, MD, FASE,
William Stewart, MD, FASE, and Michael H. Picard, MD, FASE, New York, New York; Baltimore, Maryland; Boston, Massachusetts; Rochester, Minnesota; Atlanta, Georgia; Chicago, Illinois; Charleston, South Carolina; London, Ontario, Canada; Cleveland, Ohio

(J Am Soc Echocardiogr 2013;26:921-64.)

Table 5. Procedure Classification of Patients ReceivingPerioperative "Rescue" Echocardiography				
Surgical Procedure Classification	Count (N = 31)	Percent		
Abdominal	13	41.90		

Table 6. Perioperative "Rescue" Echocardiographic Results Rescue Echocardiographic Findings Number of Patients (N = 31)Percentage of Patients* LV dysfunction 16 52 Systolic dysfunction 45 14 0 0 Mild dysfunction, EF 50%-41% Moderate dysfunction, EF 40%-21% 4 13 Severe dysfunction, $EF \leq 20\%$ 32 10 Diastolic dysfunction 7 23 Mild dysfunction (E < A, S > D) 2 6 Moderate dysfunction (E > A, S < D) 3 1 Severe dysfunction (E: A > 2) 13 4 **RV** dysfunction 9 29 Mild dysfunction, EF 50%-41% 3 1 Moderate dysfunction, EF 40%-21% 4 13 Severe dysfunction, $EF \leq 20\%$ 4 13 5 Hypovolemia Low LV end-diastolic volume 16 Segmental WMAs Regional hypokinesis, akinesis, or dyskinesis 4 13 Cardiac tamponade Effusion with restrictive chamber filling 3 1 5

Abbreviations: RHF, right-heart failure; WMAs, wall motion abnormalities.

Pulmonary embolism

*Note some totals equal >100%; many patients were found to have multiple abnormalities on echocardiographic examination.

Visualization of thromboembolism

Cesarean section	
Otolaryngology 1 3.20	
Sinus endoscopy	

16

EXPERT CONSENSUS STATEMENT

Basic Perioperative Transesophageal Echocardiography Examination: A Consensus Statement of the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists

Scott T. Reeves, MD, FASE, Alan C. Finley, MD, Nikolaos J. Skubas, MD, FASE, Madhav Swaminathan, MD, FASE, William S. Whitley, MD, Kathryn E. Glas, MD, FASE, Rebecca T. Hahn, MD, FASE, Jack S. Shanewise, MD, FASE, Mark S. Adams, BS, RDCS, FASE, and Stanton K. Shernan, MD, FASE, for the Council on Perioperative Echocardiography of the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists, *Charleston, South Carolina; New York, New York; Durham, North Carolina; Atlanta, Georgia; Boston, Massachusetts*

(J Am Soc Echocardiogr 2013;26:443-56.)

	Rescue Echo Protocol		
Anesth Analg. 2018 Ju	Indications: Refractory Hypotension Hypoxia EKG changes Arrhythmias Cardiac Arrest	Exam Sequence	BRIEF REPORT
Development for Noncardia Genevieve E. Staudt, MI	Contraindications: Esophageal stricture Esophageal trauma Esophagectomy	ME AV LAX	hy Protocol
Intraoperative dynamic comp Echo Protocol rescue TEE. W throughout the surgical servic management, (Anesth Analg	Events to Exclude Shock state Hypovolemic Distributive Cardiogenic Tamponade Tension Pneumothorax Pulmonary Embolism	ME Bicaval TG SAX Aorta	ol when hemo- ion, a Rescue performing a at it was used sifications and in a change in c compromise.
	Myocardial Infarction SAM/HOCM Aortic Dissection PFO (Hypoxia)	Developed by Genevieve Staudt, MD and	

ntervention ^a		
Cardiac catheterization	2	4.2
Cardiology consult	7	14.6
Case cancellation	6	12.5
ECMO	1	2.1
Fluid resuscitation	5	10.4
Imaging study	2	4.2
Inotropic support	2	4.2
Surgical intervention	4	8.3
Upgraded level of care	9	18.7
Vasopressor support	4	8.3
Other ^c	3	6.3
No change	13	27.1

The Rescue TEE Exam

Probe and Manipulation



UCSD Rescue Echo Protocol

- 6 Initial View Exam
 - GROSS ABNORMALITIES
 - Rapidly identifies major causes, allows prompt treatment
- <u>5 Additional Views</u>
 - If diagnosis still unclear
- <u>Comprehensive Exam</u>
 - Once patient stability allows
 - Probe positions & Omniplane Angles are simply guides...

UCSD Rescue Echo Protocol

• <u>6 Initial View Exam</u>





If diagnosis unclear... 5 additional views

5 Additional Views





Utilizing TEE in Hemodynamic Instability

Global and Regional LV Function

- RV Function
- Basic Valvular Lesions
- Pulmonary Embolism
- Venous Air Embolism
- Pericardial Effusion
- Simple Congenital Heart Disease

EXPERT CONSENSUS STATEMENT

Basic Perioperative Transesophageal Echocardiography Examination: A Consensus Statement of the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists

Scott T. Reeves, MD, FASE, Alan C. Finley, MD, Nikolaos J. Skubas, MD, FASE, Madhav Swaminathan, MD, FASE, William S. Whitley, MD, Kathryn E. Glas, MD, FASE, Rebecca T. Hahn, MD, FASE, Jack S. Shanewise, MD, FASE, Mark S. Adams, BS, RDCS, FASE, and Stanton K. Shernan, MD, FASE, for the Council on Perioperative Echocardiography of the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists, *Charleston, South Carolina; New York, New York; Durham, North Carolina; Atlanta, Georgia; Boston, Massachusetts*

(J Am Soc Echocardiogr 2013;26:443-56.)

Global LV Function

- Most common indication for basic echo exam
- Qualitative visual estimation





Regional LV Function



Regional LV Function





Regional LV Function





RV Function

- RV Size
- **TAPSE** (NI > 17mm)



RV Function





Hypovolemia vs. Low SVR

• "Kissing Papillary Muscles"



Hypovolemia vs. Low SVR

• "Kissing Papillary Muscles"

	Diastole	Systole
Normal		
Low S√R	\bigcirc	0
Hypovolemia	0	¢

Hypovolemia vs. Low SVR

• "Kissing Papillary Muscles"





LowNormal EDA Small ESA Low Storage Rume Storage ELEADA Small ESA

Valvular Heart Disease

- Regurgitation Mitral Valve
 - Vena Contracta = Severe >7 mm



Valvular Heart Disease

Regurgitation – Mitral Valve



Valvular Heart Disease

Aortic Stenosis



Aortic Stenosis

Separation < 8mm – 100% PPV for Mod – Severe AS FR 50Hz 12cm



- Often Indirect evidence
 - RV dysfunction, new TR



McConnell's Sign



- Direct evidence
 - Saddle Embolism or Thrombus In Transit



- Direct evidence
 - Saddle Embolism or Thrombus In Transit



- Direct evidence
 - Saddle Embolism or Thrombus In Transit





Pericardial Effusion



Pericardial Tamponade



Pericardial Tamponade

RA Systolic Collapse – highly sensitive/specific



Clinical Diagnosis

Basic Congenital Heart Disease



Global and Regional LV Function

- RV Function
- Basic Valvular Lesions
- Pulmonary Embolism
- Venous Air Embolism
- Pericardial Effusion
- Basic Congenital Heart Disease

EXPERT CONSENSUS STATEMENT

Basic Perioperative Transesophageal Echocardiography Examination: A Consensus Statement of the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists

Scott T. Reeves, MD, FASE, Alan C. Finley, MD, Nikolaos J. Skubas, MD, FASE, Madhav Swaminathan, MD, FASE, William S. Whitley, MD, Kathryn E. Glas, MD, FASE, Rebecca T. Hahn, MD, FASE, Jack S. Shanewise, MD, FASE, Mark S. Adams, BS, RDCS, FASE, and Stanton K. Shernan, MD, FASE, for the Council on Perioperative Echocardiography of the American Society of Echocardiography and the Society of Cardiovascular Anesthesiologists, *Charleston, South Carolina; New York, New York; Durham, North Carolina; Atlanta, Georgia; Boston, Massachusetts*

(J Am Soc Echocardiogr 2013;26:443-56.)



Clinical Case Examples...

• 74 M s/f IM nail for right femur fracture s/p fall

- Syncopal event lead to fall, CT head negative
- Hypotensive Intra Op, TEE placed
- Ascending Dissection
 - Coronaries
 - Al
 - Pericardial Effusion



• 74 M s/f IM nail for right femur fracture s/p fall

- Syncopal event lead to fall, CT head negative
- Hypotensive Intra Op, TEE placed
- Ascending Dissection
 - Coronaries
 - Al
 - Pericardial Effusion



• 74 M s/f IM nail for right femur fracture s/p fall

- Syncopal event lead to fall, CT head negative
- Hypotensive Intra Op, TEE placed
- Ascending Dissection
 - Coronaries
 - Al
 - Pericardial Effusion



- 46 y/o M previously healthy undergoing abdominal laparoscopy
 - Intermittent hypoxic episodes with insufflation/position changes

- Intracardiac Shunt
 - CFD identifies direction
 - Secundum ASD



- 68 y/o F with hx of pancreatic CA undergoing Whipple Procedure
 - Post Intubation Hypoxia SpO_2 78% on 1.0 FiO₂
- Pleural Effusion
 - Anterior to Aorta



- 74 y/o F with PMHx HTN, HL, DM
- s/f Hemicolectomy for Colon CA
- Induced with Lido, Fentanyl, Propofol and Rocuronium
- BP 60/40, HR 130, Sinus Tachycardia
- Escalating doses of:
 - Phenylephrine
 - Ephedrine
 - Epinephrine (plus gtt)

LVOT Obstruction / MV Systolic Anterior Motion



- Inotropes D/C'd
- Volume Loaded
- Phenylephrine Infusion
- BP Improved to 120s/70s, HR 80s

- Lecture Objectives
 - Describe the utility of perioperative echo in hemodynamic instability
 - Identify common indications for TEE in noncardiac surgery
 - Develop a protocol for image acquisition and interpretation
 - Review clinical cases



Thank you!

tmaus@ucsd.edu

UC San Diego Sulpizio Cardiovascular Center

Where discoveries are delivered.sm